



CITY MANAGER E-NEWS BULLETIN

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WELCOME TO THE CITY MANAGER E-NEWS BULLETIN!



City Manager Matt Rodriguez

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- **Check out San Pablo on Facebook**

Doctors Medical Center Offering Free Drive-Through Flu Clinic

West County's only public hospital will host free flu vaccine clinic on Friday, October 19th, from 2 PM to 6 PM

San Pablo, CA October 11, 2012 – Doctors Medical Center's annual drive-through flu clinic will be held Friday, October 19th between 2 PM and 6 PM. Community residents are invited to receive a vaccination without leaving their vehicles. Participants should enter from the hospital's West entrance on Vale Road and follow the signs.

"A vaccination is the best way to avoid the flu, and our drive through clinic is the fastest, most affordable way residents can get a vaccination, without leaving their cars or scheduling an appointment," explained West Contra Costa Healthcare District Board Chair Eric Zell. "By providing free vaccinations at a time that is convenient, the Healthcare District is helping to fulfill its obligation to meet the diverse healthcare needs of our community."

This year, Doctors Medical Center staff will be assisted by experienced nursing students

from Contra Costa College. "The clinic is a great partnership," Zell pointed out. "By working with the nursing students, we can reach more seniors, residents who have mobility challenges and all of our community members in just one afternoon. And the students gain from hands-on clinical experience in a true public health setting."

Doctors Medical Center is located at 2000 Vale Road, in San Pablo, off of San Pablo Dam Road. Shots are available to adults aged 18 and over. Thimerisol-free vaccines are available for pregnant women and individuals with thimerisol allergies.

About Doctors Medical Center: Owned and operated by the Western Contra Costa Healthcare District, Doctors Medical Center (DMC) is a community hospital that operates the largest emergency department in Western Contra Costa County and treats more than 40,000 Emergency Department patients each year. The hospital serves a population of 250,000 people in West Contra Costa and is the region's only safety net hospital. The hospital has been serving Western Contra Costa for over 55 years.

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R. MATT RODRIGUEZ

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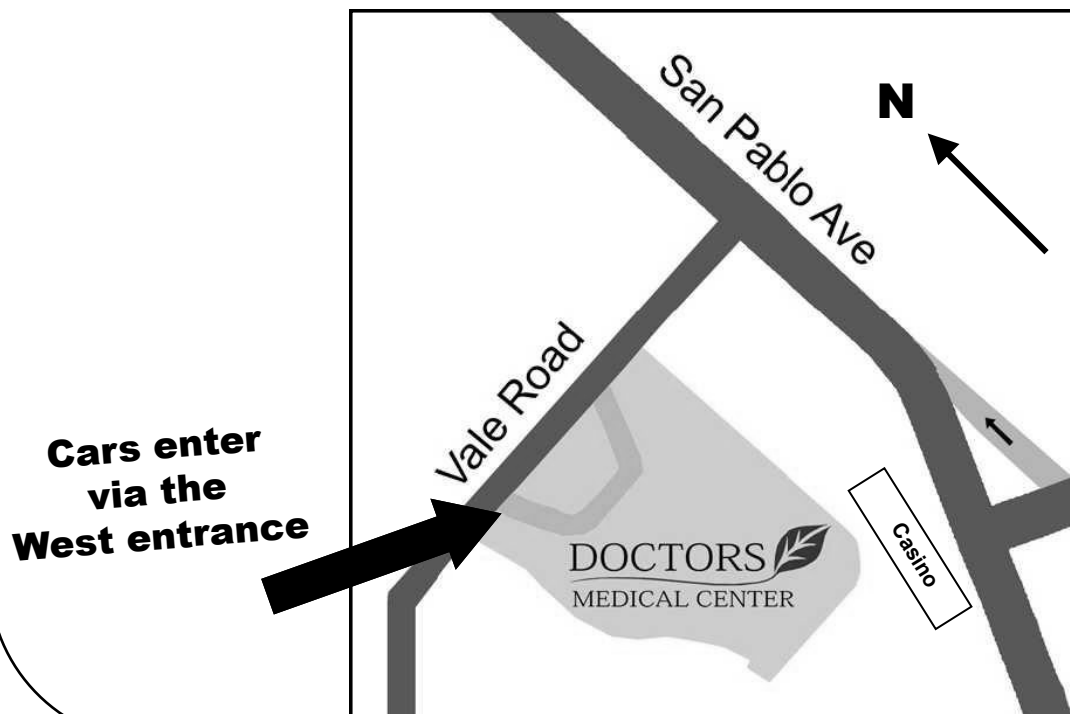
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FREE COMMUNITY DRIVE-THROUGH FLU SHOT CLINIC

2 PM TO 6 PM, FRIDAY OCTOBER 19, 2012
2000 Vale Road, San Pablo

Doctors Medical Center invites community members to receive a free flu shot without even leaving their cars at our drive-through clinic.

**It's free, it's easy, and it's the best way to protect against
the 2012-2013 flu season.**



CLÍNICA GRATUITA PARA LA COMUNIDAD PARA LA PREVENCION DE LA GRIPE

2 PM A 6 PM, el Viernes 19 de Octubre 2012
2000 Vale Road, San Pablo

Doctors Medical Center invita a los miembros de la comunidad para recibir la vacuna gratis contra la gripe.

Es gratis, es facil, y reciba asistencia sin salir de su auto!

